

Notice of Privacy Practices (HIPAA)

Buckman Coaching & Counseling
(Fairfield and New Haven County, Connecticut)

Your Privacy Is Important

This notice describes how your health information may be used and disclosed, and how you can access your information. Please review it carefully.

Our Legal Duty

We are required by law to keep your protected health information (PHI) private, provide this notice, and follow the terms of the notice currently in effect.

How We May Use and Disclose Information

We may use or share your information for the following purposes:

- **Treatment:** To provide, coordinate, or manage your care (e.g., consultation with another healthcare professional).
- **Payment:** To bill and obtain payment from you, your insurance company, or another responsible party.
- **Healthcare Operations:** For business management, quality improvement, supervision, or licensing purposes.
- **When Required by Law:** For example, if there is suspected abuse or neglect, a court order, or a threat of serious harm.
- **With Your Authorization:** We will not share your information for other purposes (such as marketing) without your written consent, which you may revoke at any time.

Your Rights

You have the right to:

- **Access and Request Copies** of your records.
- **Request Amendments** to correct information.

- **Request Restrictions** on certain uses or disclosures.
- **Request Confidential Communications** (e.g., contact only at a specific phone number).
- **Receive an Accounting** of certain disclosures.
- **Receive a Paper or Electronic Copy** of this notice at any time.

Requests must be made in writing to our privacy contact listed below.

Confidentiality and Security

We protect your PHI through physical, electronic, and administrative safeguards in compliance with HIPAA. While telehealth and electronic communication tools are HIPAA-compliant, no technology can be guaranteed 100% secure. We take all reasonable measures to protect your privacy.

Changes to This Notice

We may update this Notice of Privacy Practices as needed. Any changes will be posted on our website and available at our office.

Questions or Complaints

If you have questions or concerns about your privacy rights or how your information is used, please contact:

Privacy Officer: Jordan Buckman
Email: buckmancoaching@gmail.com
Phone: (203) - 683 - 8040

If you believe your privacy rights have been violated, you may file a complaint with us or with the **U.S. Department of Health and Human Services, Office for Civil Rights**, without fear of retaliation.